## Well-child checks are important!

FOLLOW THIS SCHEDULE FOR WELL-CHILD VISITS.

- New Born (2-4 days after birth)
- 1 month
- · 2 months
- 4 months
- 6 months
- 9 months
- 1 year
- 15 months
- 18 months
- 2+ Years: A check-up should

be done **every year** even when your child is not sick.

IF YOU CAN'T MAKE AN APPOINTMENT, CALL THE DOCTOR'S OFFICE TO CANCEL AND MAKE ANOTHER APPOINTMENT.

DO NOT WAIT. RE-SCHEDULE!





EVEN IF YOUR CHILD IS HEALTHY WELL-CHILD CHECKS ARE VERY IMPORTANT! DON'T MISS THESE APPOINTMENTS.

Together, you and your doctor can prevent many health problems. At these appointments you will be given information about normal development, nutrition, sleep, safety, infectious diseases that are "going around," and other important topics for parents. *Be prepared for the visit*. Write down your most important questions for the doctor so you will remember to ask them.

<u>Is this your first baby?</u> You should visit the obstetrician early in your pregnancy (before 3 months).

<u>Is your pregnancy high-risk?</u> It is extremely important that you visit the obstetrician regularly during your pregnancy.

GO TO THE DOCTOR AFTER THE BABY IS BORN! Visit the doctor with the new baby <u>2-4 days after birth</u> (for breast-fed babies) and 48 to 72 hours following hospital discharge.

These appointments are important even if your child is not sick!

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